# I'M NOT WEARING PANTS TODAY!

THE OFFICIAL
WORKING-FROM-HOME
ACTIVITY BOOK







### Welcome!

Welcome to the working-from-home activity book...because we all need a break from, well, work. We get it, working from home can be rough, like sand stuck in your shoes after a day at the beach rough, just wears on you over time. Hopefully spending some time in this activity book can give you the mental break you need to smooth out your day.



### LEARN MORE ABOUT BRIDGE

### People matter most.

Seriously though, keeping your workforce connected, engaged, and growing is critical to being successful in a remote work environment. Fortunately, there are tools to help. Bridge combines an industry leading LMS, 1:1 meeting and performance management, and career development tools into easy-to-use experience. Check it out, you'll be glad you did.

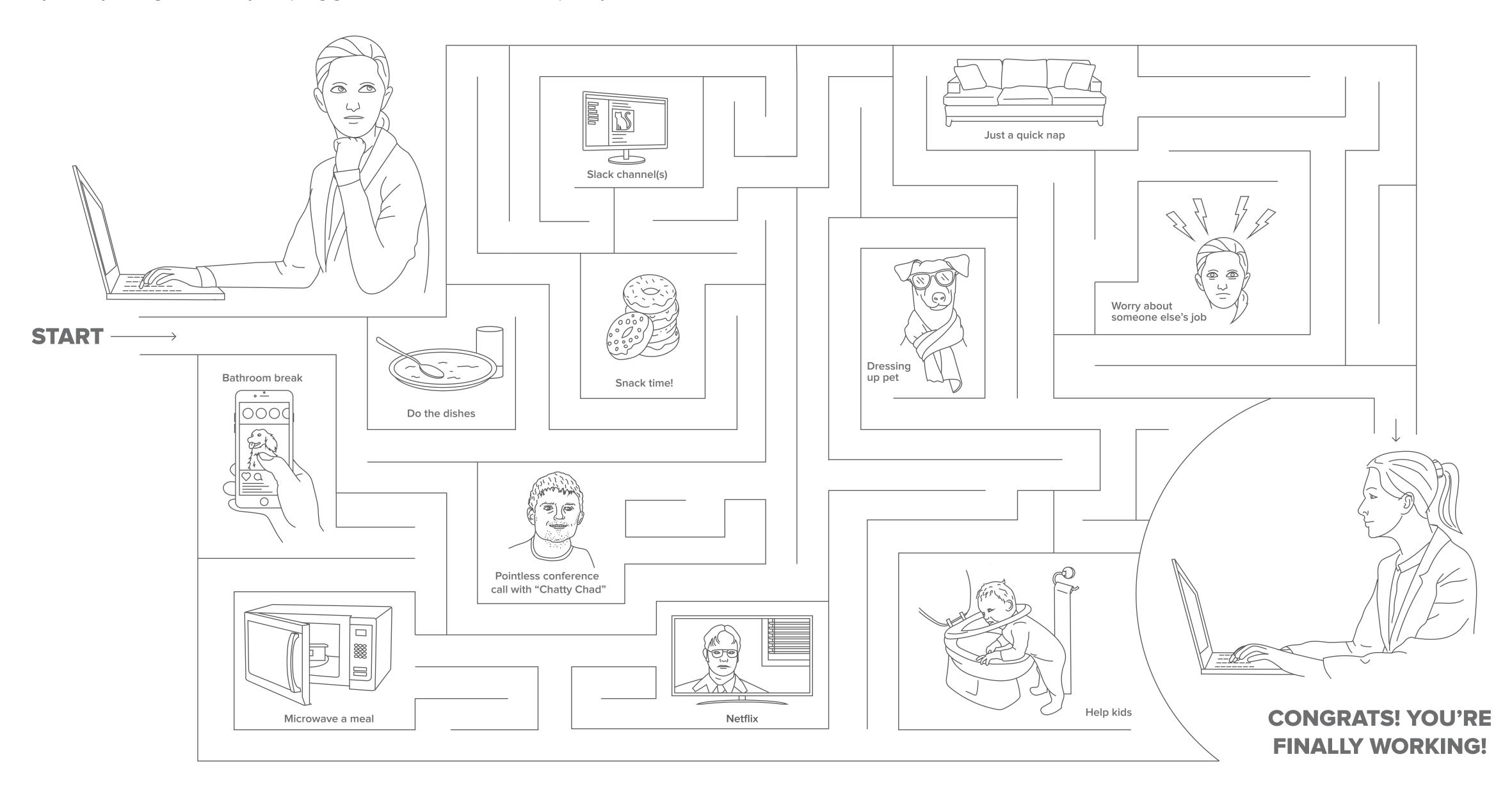
# The first integrated employee development platform of its kind.

### ONE PLATFORM FOR:

- Learning Management
- Performance Management
- Engagement Surveys
- Career Development
- Remote Workforce Management
- > Go to **getbridge.com** to learn more <

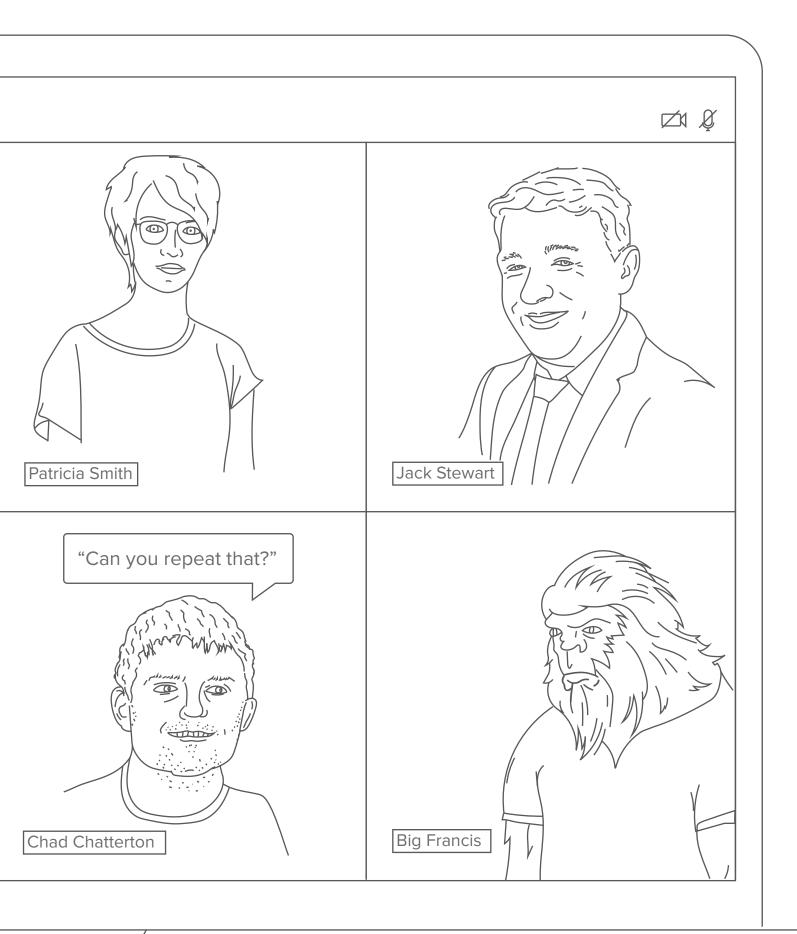
# **Procrastination Maze**

How do you get work done with so many things vying for your attention? It can be tough to navigate. Can you make your way through this mostly-tempting gauntlet of distractions to complete your work for the week?



# **Conference Call Bingo**

Conference call got you down? Next time you're on a conference call, place a trusty bean on each square that happens during one of your many (too many) video conference calls.



B I N G O

"Can you hear me?"	You spot a child in someone's feed	"I'm sorry. Go ahead No you."	If anyone says the word "synergy"	Someone is loudly typing without being on mute
If someone fake laughs at a terrible joke	Someone is wearing pajamas during the call	Mystery person won't show their video feed	3 or more people talk over each other	You spot a pet in someone's feed
"Can you email that to everyone?"	You hear some painful echoing audio feedback	FREE	Someone can't figure out how to unmute themselves	Someone apologizes for being late
"Can you repeat that?"	Someone's face is uncomfortably close to web cam	Small talk about TV shows before meeting begins	Someone has a double chin upward camera view	Someone says "At the end of the day…"
Someone calls their dog or cat "kid" or "child"	Someone eats a messy sandwich	Someone is backlit and looks like a bond villain (or in witness protection)	"Lets wait one more minute."	Someone is walking with their laptop

# **Spot The Difference**

Being an engaged work-from-home employee is important. Spot the difference between an engaged vs. a non-engaged employee. (Which one are you?)



ENGAGED NON-ENGAGED

# Madlib Time: A Day Working at Home

1) Female name	works from l	home as a s		b title	king for
the publicly t	raded compa	any		. It's total	ly
) Outdated slang adjective	She loves te	ech, she love	es growing	ı in her pr	ofession,
and she love	<b>S</b>	She was	grateful s	he didn't	have to
commute thr	ough traffic	riding her pe		de of transportatio	
item of her d	ay was havin	ng a 1:1 with	her manag	ger	
who is the di		lipster adjective		Her man	ager was
impressed w	ith her progr	ess on the _	10) Noun	oject, but	had to
work a little		erb 12) Pluro		tegy. She	now feels
empowered	to progress a	and work eff	ectively fo	r ho	urs a
week. To cele	ebrate, she g	rabs a		avorite sr	nack
15) Adjective	16) Food	_•			

# Let's Draw!

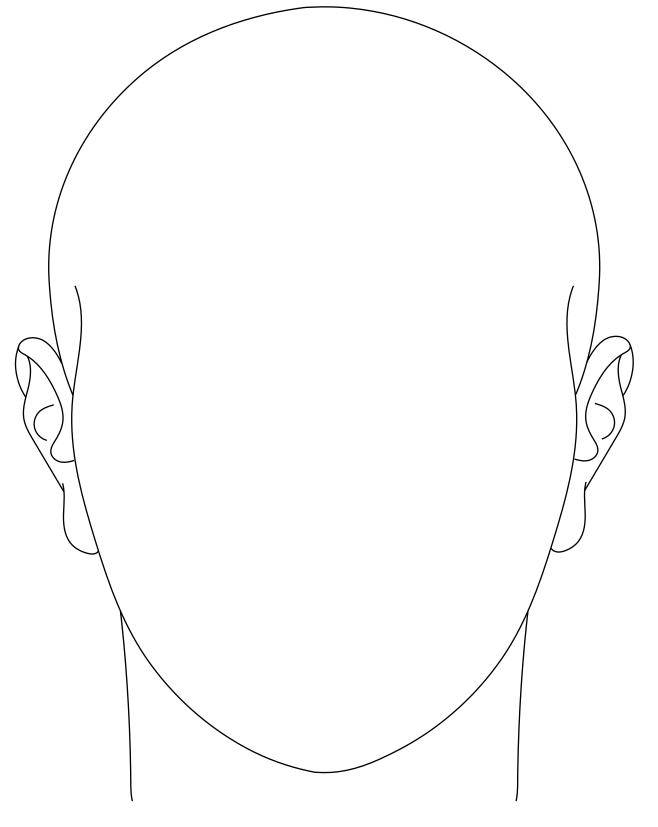
We all have a favorite coworker, but time apart can make it hard to remember what they look like.

Don't let the memory fade, draw a coworker you admire from memory. Take a pick and send it their way.

\_\_\_\_\_\_

Dear \_\_\_\_\_:

I drew you from memory because
I think you're a great coworker.



#peoplemattermost

# **Matchy Matchy**

Your work from home space is precious and is as unique as the individual that occupies the space. Here we have four work-from-homers. Can you match the employee to their workspace? CAN YOU? We dare you to try.





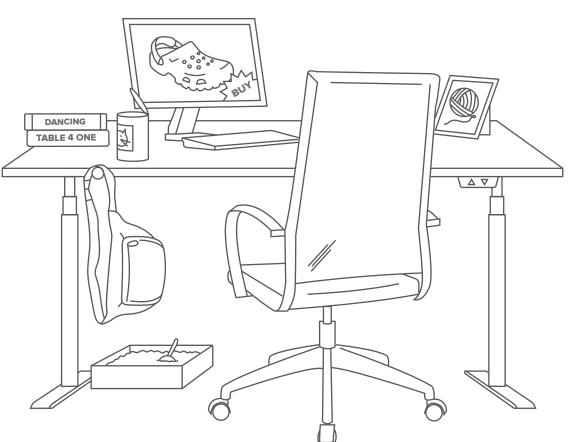












### Trivia

How trivial is your pursuit? How encyclo is your pedia? Test your knowledge of working from home life, geography, weird factoids, animal facts, and more.

- 1) If you drilled a tunnel through the Earth and jumped in, how long would it take to fall through the earth?
  - a. 4 minutes
  - b. 25 minutes
  - c. 42 minutes
  - d. 1 hr 12 minutes
- 2) Which city is the farthest north?
  - a. New York City
  - b. Rome
  - c. Madrid
  - d. Tokyo
- 3) What is the white area at the base of a fingernail called?
  - a. Gnathion
  - b. Pinna
  - c. Lunula
  - d. Glabella
- 4) What percent of U.S. employees report having specific career goals that they actively monitor?
  - a. 1%
  - b. 24%
  - c. 46%
  - d. 79%
- 5) Most people have an above average number of arms.
  - a. True
  - b. False
- 6) What is the largest Fortune 500 company?
  - a. Apple
  - b. ExxonMobil
  - c. Walmart
  - d. AT&T

- 7) Why was the game Monopoly originally created?
  - a. To start family fights
  - b. To teach kids how finances work
  - c. To warn of the dangers of capitalism
  - d. To expose the parking lobbyists
- 8) What is the biggest animal to ever live on Earth?
  - a. T-Rex
  - b. Brachiosaurus
  - c. Blue Whale
  - d. Andre The Giant
- 9) The average person does what 13 times a day?
  - a. Blinks
  - b. Coughs
  - c. Laughs
  - d. Swears
- 10) What percent of the world's population lives above the equator?
  - a. 60%
  - b. 70%
  - c. 80%
  - d. 90%
- 11) What percent of US employees are likely to leave their current company and accept an offer with a new company that is known for investing in employee learning and development.
  - a. 75%
  - b. 50%
  - c. 20%
  - d. All the above?
- 12) In Texas it's illegal to swear in front of what?
  - a. A cop
  - b. A horse
  - c. A corpse
  - d. A zombie centaur cop

### 13) How many mosquitoes will it take to drain a human body of all its blood?

- a. 1 very determined mosquito
- b. 500,000
- c. 1 million
- d. All of them

### 14) During your lifetime, you will produce enough saliva to fill...

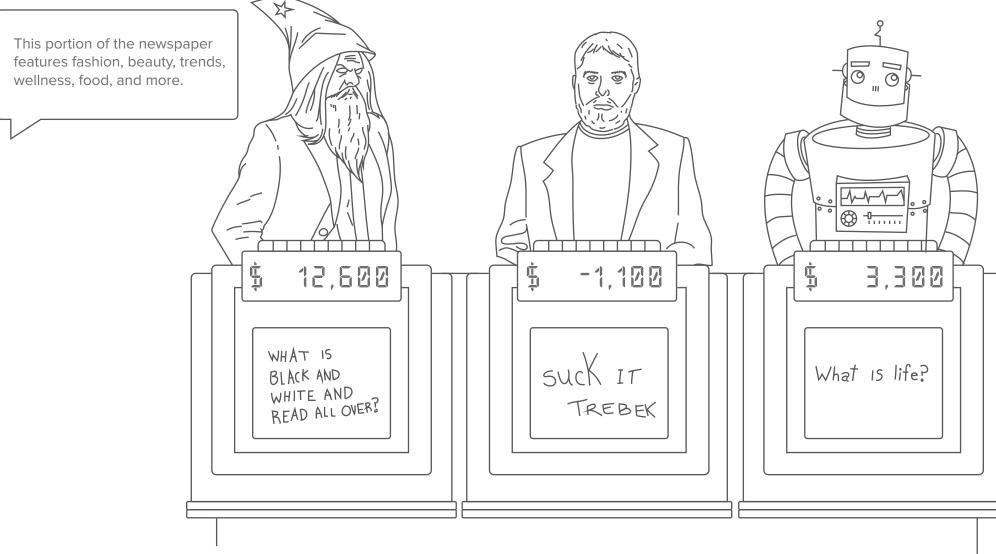
- a. 15 barrels
- b. A school bus
- c. Two swimming pools
- d. Enough to fill Lake Erie

### 15) What foot did Neil Armstrong first set on the moon?

- a. Left
- b. Right
- c. None. Moon landing was fake and was filmed by Martin Scorsese

# 16) If bees were paid minimum wage, a 12oz jar of honey would cost about...

- a. ~\$380
- b. ~\$550,000
- c. ~\$5 Million
- d. ~100 Million

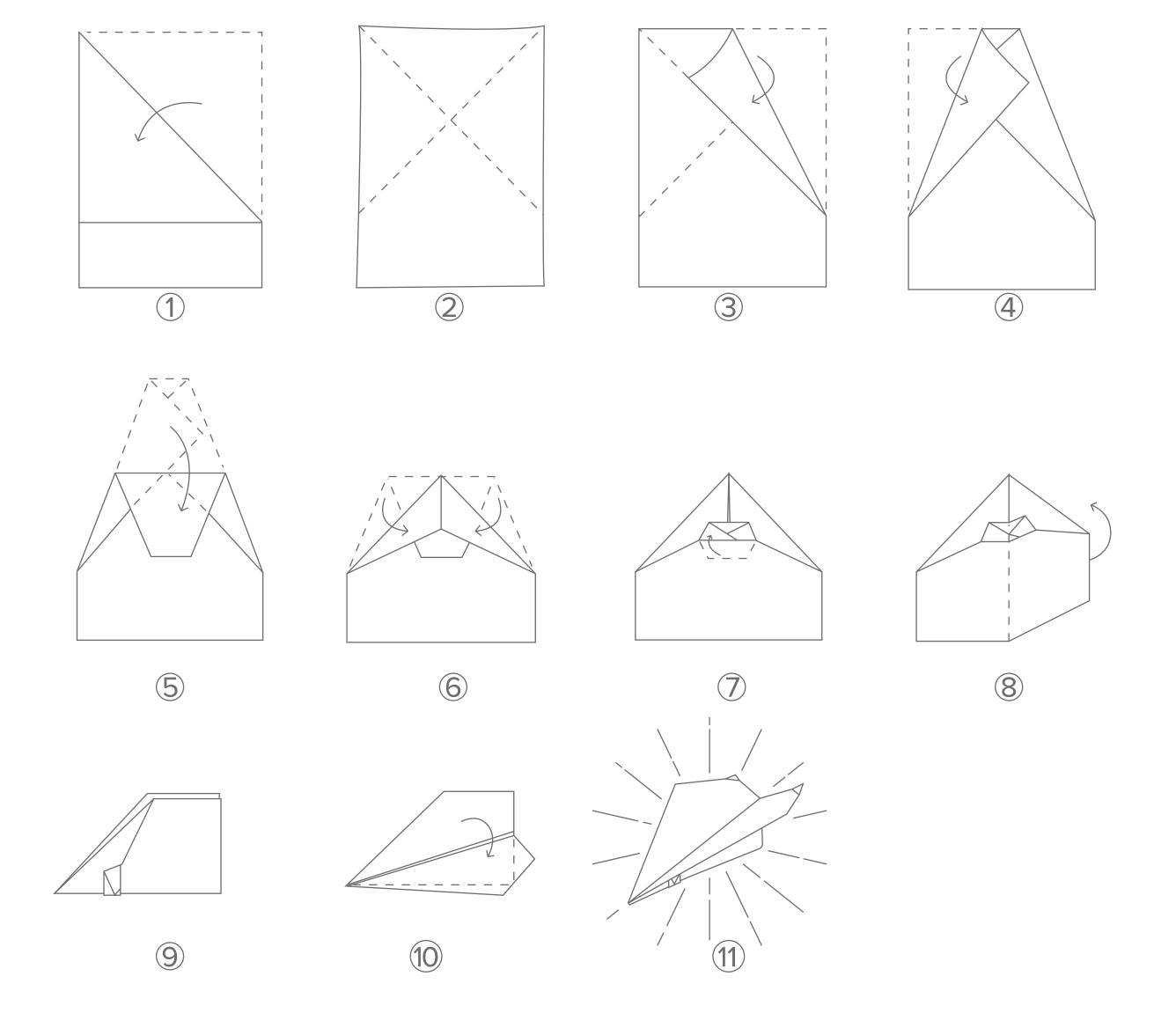


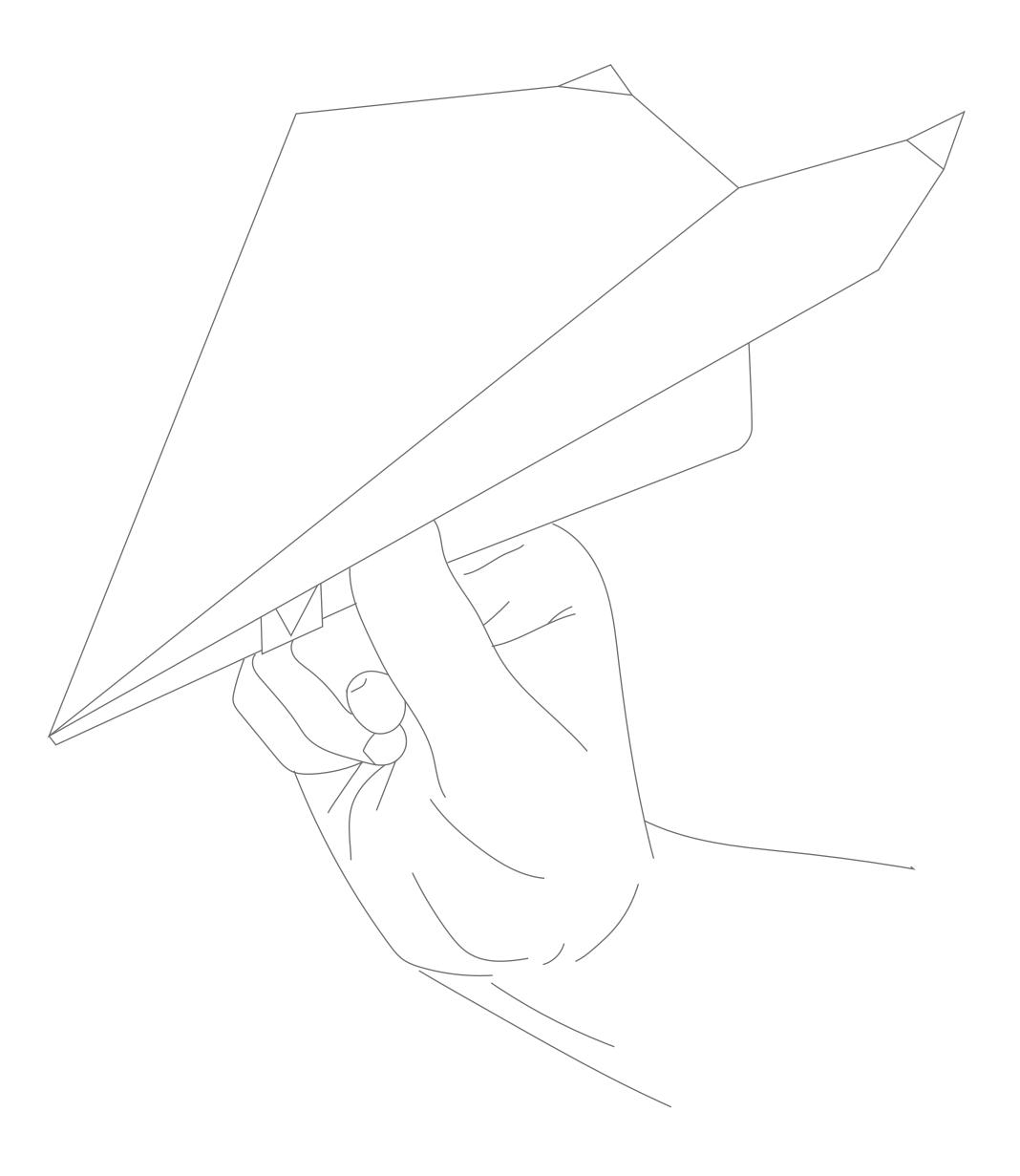
### **ANSWER KEY:**

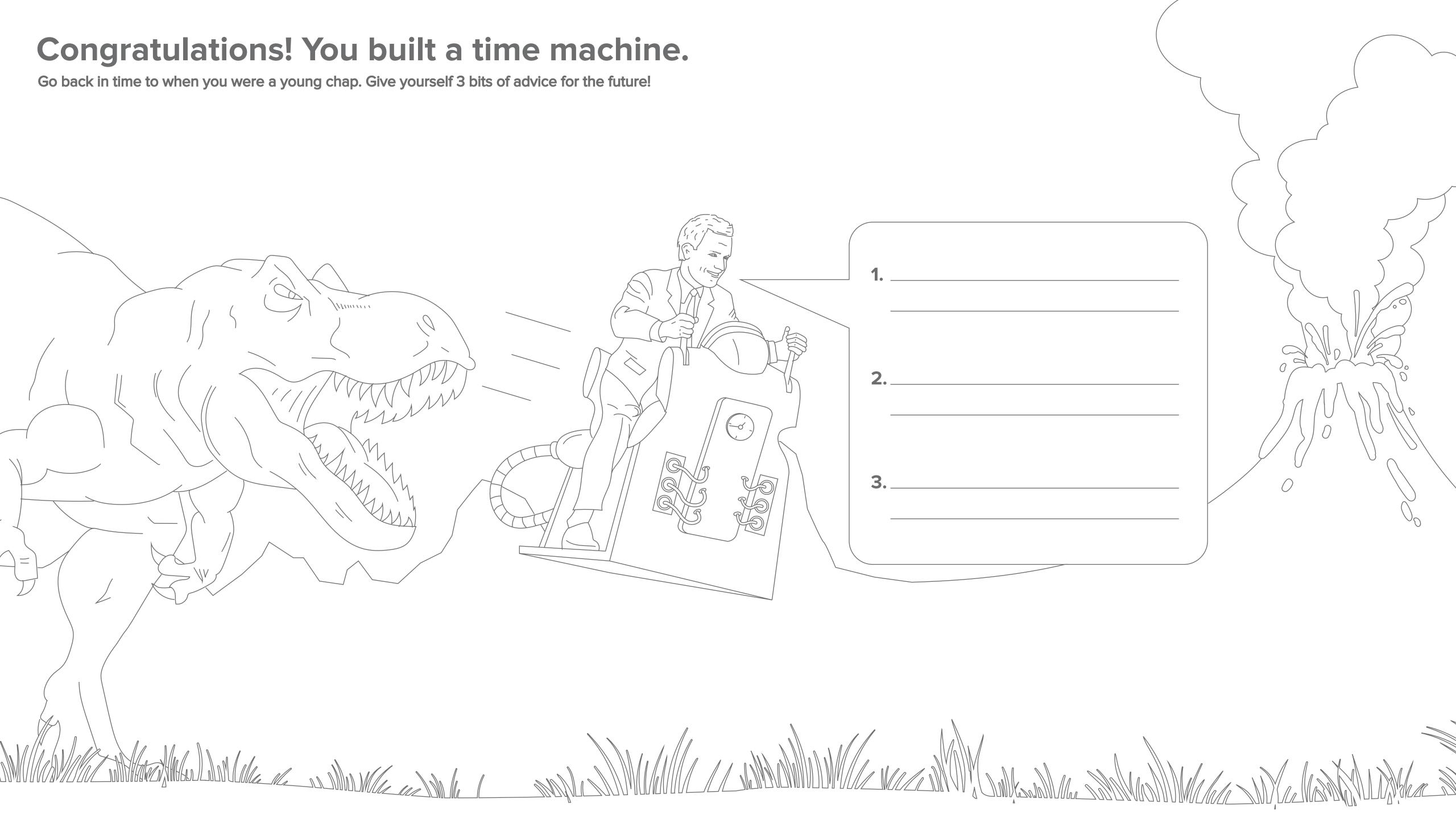
1) c. 42 minutes 2) b. Rome 3) c. Lunula 4) c. 24% 5) a. True 6) c. Walmart 7) c. To warn of the dangers of capitalism 8) c. Blue whale 9) c. Laughs 10) d. 90% 11) a. 75% 12) c. A corpse 13) c. 1 million 14) c. Two swimming pools 15) a. Left 16) c. \$5 Million

# The Perfect Paper Airplane

Sending a paper airplane soaring can be as satisfying as letting your productivity soar. You can do both.







# Tips for everyone, brought to you by Bridge!

Here are some nice reminders to help you be an effective work-from-homer employee.



### **GET SITUATED**

Find a space in your home where you can concentrate, be creative, and be present. Do you have the technical resources you need? If not, contact IT, HR, or your manager.



### **COMMUNICATE OFTEN**

Over communicate to begin with to set a rhythm and habit of letting others know what's going on.

Working from home might look different than working in the office.

For example, you may be balancing work and childcare at the same time.

Communicate your schedule to your coworkers so that they know when to reach out to you.



### **KEEP A SCHEDULE**

Without the normal workday signals like a commute or coffee stop, it can be harder to know when to start or when to unplug.

Take a break, take a walk, and maintain balance.



### **EMBRACE VIDEO**

Make sure all meetings include a virtual "join" option so that team members can join from wherever they are working. Use video when possible. Not only does this help a team feel more connected, but it can also help with engagement, mood, and social stability.



### **GET TOGETHER**

Many don't realize how social we are at work until we... aren't. It's important to create opportunities for the whole team to virtually get together - whether it's large brainstorms or daily virtual coffee check-ins, or reality TV recaps..."Did you see...!"



### **HAVE GOALS**

Don't forget that work is about achieving something great! Make sure you have daily, weekly, and monthly goals, both individual and team. Review how those goals align with your company goals.

Let us know what you think about the activity book. And we can help you discover Bridge. The Employee Development Platform that connects learning, performance, career development, and engagement in one experience for employees and managers.

**GetBridge.com** 



# **About Bridge**



Used by more than 700 companies worldwide, the Bridge learning and talent development platform combines learning, performance, and career development into one platform. Bridge integrates an industry leading LMS, with innovative performance management tools (including performance reviews and 1:1s), and powerful engagement surveying software into one experience for both admins and employees. Learn more and get demo at **getbridge.com**.

